

From: **Bread of Life Lutheran** breadoflife@sasktel.net  
Subject: \*Feb 27 Update from Bread of Life  
Date: February 27, 2020 at 1:19 PM  
To: Bread of Life Lutheran breadoflife@sasktel.net



## ON YOUR MARK.. GET SET.. GO!!!!

Except that it is anything but a race!!!!

For indeed.. the metaphor of “journey” is perfect for the season of Lent but it is NOT a race... NOT a headlong dash to “get it over with”. (And there certainly is NO “winner”.)

Lent is, in fact, a season to move more slowly.. a season to take time to pause occasionally.. to take an extra minute/moment here and there to do what we so seldom take time to do! For we who dare the “discipline of Lent”, the intention of this time is to use these days of journeying with Jesus to and through the cross as opportunity to focus a bit more on the spiritual hungers we all have. (And yes we do ALL have them.) It is a time for some to “give something up”.. for others to “take something up”. In both cases the point is to let that little extra bit of sacrifice remind you of (both) how selfish we can often be AND how little it takes to make the world a better place. So whether you give up chocolate (or whatever) or you take up a more regular time of prayer/study/Bible-reading/serving/etc, the hope is that in those moments you take out of the ordinary routine of life, you can get a chance to re-focus on who God is for you and what God promises you.

And *then* we move ever so inexorably closer and closer to those days when “Last Suppers” and stark crosses begin to appear on the horizon, we will maybe be a bit more engaged with how powerful those days can be. We will maybe be a bit more ready to hear and let in, what the story of Jesus’s incredible love for us can do to us.

And so I invite you to daily or weekly take at least a minute or two to DO LENT – in whatever way works for you: join us for soup & prayer; pick up a new devotional reader; re-read the passion story in one or more of the Gospels; make worship a bit more of a priority; find a couple of new ways to serve or give in your community; WHATEVER!!!!?! I promise that the work of lifting your eyes up from the regular chaos of our lives to look a bit more often at the world around us (AND to God) WILL be worth the effort.

Blessed Lenten Journey to you all...

- Pastor Stewart – Feb 27/20

**[Bread of Life](#) Pastor Stewart Miller 306-535-5052**

*At Bread of Life we are privileged to gather in Treaty 4 Territory and the traditional homeland of the Metis.*

**Not Available to Attend on Sunday Morning? – Did you know that**

you can watch Bread of Life Sunday morning sermons on the website [www.breadoflifelutheranchurch.ca](http://www.breadoflifelutheranchurch.ca) or follow us on Facebook @breadoflifelutheranchurch.

*Do you know of someone in the hospital (or if one day you are yourself there) please let Pastor Stewart (306-535-5052) know so that he can come visit. Due to changes in the provincial funding of pastoral care in health care institutions there are no longer "lists" for pastors & chaplains to check. So too, if you ever want "pastoral care" you can ask your nurse & a chaplain/pastor will be called.*

**Bread of Life Giving Labels** When you find that you are in need of additional giving labels or you would like to have giving labels for your convenience on Sunday mornings **OR** you would like to sign up for PAR , please contact Cheryl in the office; [breadoflife@sasktel.net](mailto:breadoflife@sasktel.net) or 306-789-0265.

**Bread of Life Annual Meeting** next **Sunday, March 1 after worship**. Please join us for the Annual Meeting to hear about your church and have coffee & cinnamon buns. The Annual Report will be posted to the Bread of Life website later this week and can be found at <https://www.breadoflifelutheranchurch.ca/annual-reports>



Thank you to Yonatan Michael for visiting with us last Sunday to share his and other refugee stories.

Yonatan is from Eritrea and is very thankful for the life he has in Regina. After coming to Regina, Yonatan has sponsored and raised the funds required to bring many other Eritrean refugees to Regina.

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### **Bread of Life Curling Event**



If you enjoy curling or are interested in trying it and you are 11 or older come join us on **Sunday, March 15 from 3:00 -4:30** at the Callie Curling Club (2225 Sandra Schmirler Way). Cost is \$10/person. No equipment required unless you have your own. Please sign up on the sheet in the narthex or email [breadoflife@sasktel.net](mailto:breadoflife@sasktel.net). Please come out for some fellowship and fun!

**Indigenous Fellowship Breakfast Saturday, March 7 from 9:00 – 11:30 Bread of**

**Indigenous Fellowship Breakfast** Saturday, March 7 from 9:00 – 11:00 Bread of Life serves breakfast at the Indigenous Christian Fellowship (3131 Dewdney) on the first Saturday of every month. Pancake flippers and coffee pourers are needed. Everyone is welcome to help. Please contact Dave Bartolf at 306-566-2971 or sign up on the sheet in the narthex.

**Christians on Climate Change** Please join us on **March 8 at 7:00** at Living Spirit Centre for a brief presentation by Mary Vetter and David Sauchyn, followed by discussion, to explore the consequences of a warming climate for our part of the world. While science gives us tools for understanding how and why the climate is changing, by itself it cannot give us the wisdom we need to address the challenges. We need other resources, for example scriptures, faith, empathy, experience, and scholarship. The steps identified by the Truth and Reconciliation Commission for reconciliation between settler and indigenous peoples can be applied also to help us address the consequences of climate change: awareness of the past, acknowledgement of the harm that has been inflicted, atonement for the causes, and action to change behaviour.

**News from the Regina Lutheran Refugee Committee:** We are excited to report that Syrian refugees Walaa (age 22), her husband Mohammad (age 25) and their baby boy Amer will be coming to Regina very soon (we hope in May). On February 3 they were interviewed at the Canadian consulate in Amman, Jordan, and they have been accepted into Canada! Walaa has Type 1 diabetes and has not been able to get a reliable supply of insulin in the refugee camp. But we can help her get her insulin here, and give this family the chance for a new life.

Now is the time for our ELCIC congregations to get ready for their arrival! If you would like to donate to the sponsorship, please make checks payable to your church and mark them Refugee Fund. As we set up a home for them, we have all the furniture we need, but we are still looking for a crib, a stroller, a high chair, and an up-to-date car seat. We also could use donations of Pampers (six and nine and 12 month sizes), area rugs, baby blankets, individual spices, and pots and pans. Thank you for helping to welcome the stranger! For more information or to arrange drop off please contact Doug Schneider at 306-751-0762.



**YOUTH BOWLING** for ages 10 and up. (Parents welcome)  
Golden Mile Bowling Lanes - **Sunday, March 8, 2020 - 2- 4pm.**  
Cost will be \$10. Concession will be available.  
Please RSVP to [shoobertfamily@accesscomm.ca](mailto:shoobertfamily@accesscomm.ca) by

**Wednesday March 5.**

### **Upcoming Holy Week Services**

Palm Sunday, April 5 at 9:30 a.m.

Maundy Thursday, April 9 at 7:00 p.m.

Monday Thursday, April 9 at 7:00 p.m.  
Good Friday, April 10 at 11:00 a.m.  
Easter Sunday, April 12 at 9:30 a.m.

## CLAY Pre-EnRoute Gathering



**What:** Come join us for an afternoon of fun, information, and friends. We are getting together to go over bus trip information for EnRoute 2020 and to start the fun of CLAY early. The afternoon will involve getting to know other youth going to CLAY, going over bus trip information, games, and snacks.

**Where:** Bread of Life Lutheran Church, 3018 Doan Drive

**When:** 1:00-4:00pm, April 18, 2020

**Who:** Anyone going to CLAY! Not going to CLAY? Come and hangout with us anyway!

**Why:** We want to start the fun and excitement of CLAY early! Come find out where the bus trip is going and hang out with youth. Please **RSVP** to Brooklynn Lane at [brooklynnlane@gmail.com](mailto:brooklynnlane@gmail.com) or 306-550-1408 by **April 8, 2020**. There is no cost for this event.

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**ATTENTION ALL YOUTH** - The next Canadian Lutheran Anglican Youth Gathering will be held this summer, **August 20-23, 2020, in Calgary, Alberta**. For more information please check out the CLAY 2020 website at <http://claygathering.ca/>.

Bread of Life Lutheran Church will be sending a CLAY home team with planned youth activities to come. Youth ages 14 - 19 are eligible to attend and ages 19 - 24 can consider attending as Leaders In Training. If you have any questions, please contact Andrea Shoobert- CLAY Youth Coordinator. email: [shoobertfamily@accesscomm.ca](mailto:shoobertfamily@accesscomm.ca) phone: (306) 522-1610 or cell: (306) 570-4722.

**CLAY Fundraiser** We are starting early to collect Sarcan recyclables. **WANTED:** Milk jugs, cans, juice boxes, tetra packs, bottles, and all other recyclables! If you could please rinse all containers and remove and discard lids. In an effort to offset transportation and registration costs for the Youth attending CLAY 2020, we are gladly accepting donations of recyclable items. There will be a collection bin located in the Narthex for anyone interested in participating. This bottle drive will continue over the next many months in preparation for the 2020 Youth trip. We thank you for your support!

**ATTENTION FAMILIES WITH "KIDS"** .. we are once more trying to fill out our records and contact information for possible Sunday school age folks. If you have a child ages 4 - 11 please email us with the names, ages, & grade of your people so that we can be sure to let them know when we are doing something family-friendly and/or Sunday school-ish. Sending us your information is not a commitment to be there every week or often but it does give us the ability to let you know when interesting things are on the horizon. Email us the church office [breadoflife@sasktel.net](mailto:breadoflife@sasktel.net)  
Upcoming Sunday School dates: **March 8, April 26**. If you are interested in helping out or

if you have any ideas for Sunday School please contact Marilyn Leier at [marilynleier@icloud.com](mailto:marilynleier@icloud.com)

**Plastic Containers** There will be a ***SPECIAL BIN*** in the narthex to drop off any clean plastic containers with lids for the Carmichael Outreach food program.

**Please Note** - This bin is not the same one used to drop off recyclables for the CLAY youth gathering. Thank you.

**The Regina Lutheran Home Auxiliary Tea and Bazaar** will be held on **Saturday, April 4, from 2-4 p.m.** at the Regina Lutheran Home, 1925 5<sup>th</sup> Ave. N. Baking and Handicrafts will be sold in Town Hall, and Tea and Coffee will be served. This is our 55<sup>th</sup> Tea and Bazaar. The proceeds will be used solely for the benefit of the Regina Lutheran Home Elders. *Donations to the Bake and Handicraft Tables are always welcome.*

## **Living Spirit Centre**



Sorry, there **will not be** an LSC garage sale this year. If you have a donation of something for the church, please talk to clergy before dropping anything off. Thank you!

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**Munch Lunch** Eastside has initiated a partnership with Glen Elm school and Munch Café to provide a lunch program for children at the school who do not have a lunch. The LSC staff have agreed to support this program as a shared ministry. Munch will work with older children from the school to make lunches and educate them on making healthy lunches. The program is called *Munch Lunch* and will take place **each Monday from 1-4pm in the LSC kitchen**. We need 1-2 volunteers/lay leaders each Monday to help out in the kitchen with the food preparation (not the same people each week). If you are interested and able to help out once a month, please contact Russell ([Russell.eastside@sasktel.net](mailto:Russell.eastside@sasktel.net)) and indicate if you want a particular week. If you cannot help but wish to support the program you may donate a gift card for Wholesale foods, Superstore or Costco to help with food costs, which can be dropped off at the office.

## **In the Community**

**Friends & Faith Open House** You are invited to attend an Open House at the Regina Islamic Centre and Mosque at 3273 Montague St. (at Argyle) on Friday, February 28 at 7pm. Come for a tour, food, and friendly faces. Imam Mohamed will greet guests and answer questions. You are invited to observe the evening prayer at 8:00pm.

Etiquette: modesty of dress. Please consider bringing a scarf.

This visit is part of the Muslim-Christian dialogue sponsored by the Islamic

Association of Saskatchewan (Regina) and the Archdiocese of Regina. A further visitation project to other places of worship is planned by the Regina Multifaith Forum. Watch for further advertising. Contact Nick Jesson: [njesson@archregina.sk.ca](mailto:njesson@archregina.sk.ca) or 306-352-1651.

**World Day of Prayer 2020** this year will be hosted by Holy Child Parish on **March 6 at 2:00**

This celebration, organized in Canada by the Women's Inter-Church Council of Canada, is a wonderful opportunity for Christians to join together in prayer as well as to offer grants for special projects to assist our sisters in need throughout the world.

There will be a planning session at Holy Child Church on **February 13 at 1:00**. It would be wonderful if reps from a variety of Christian churches could take part in leading the prayer service! For more information contact Marian at Holy Child, 306-789-8276 or [mariangrady@sasktel.net](mailto:mariangrady@sasktel.net)

**Did You Know????** The Assiniboine Ave Community magazine is on the hunt for families, couples and/or individuals to be featured in the magazine. The point of the magazine is to get the community members to know each other a little better and grow the sense of community in the area. So if you have an interesting and unique story and you live between Ring Road and the Bypass south of Arcola Avenue you can contact Crystal Schick at 306-630-5268 or [cschick@bestversionmedia.com](mailto:cschick@bestversionmedia.com)

**Camp Kinasao Job Postings** Camp Kinasao is looking for 2 members to join their year round leadership team in the roles of Site Manager & Guest Services Manager. For more information see their website [kinasao.ca/job-postings](http://kinasao.ca/job-postings)

### **THE WEEK AHEAD**

#### **MONDAY, Mar 2**

- Pastor Stewart's day off
- 8:00 p.m. A.A.

#### **WEDNESDAY, Mar 4**

- 5:30 p.m. Lenten Soup & Supper
- 6:30 p.m. Lenten Service

#### **SATURDAY, Mar 7**

- 4:00 p.m. Messy Church

#### **SUNDAY, Mar 8**

- 9:30 a.m. Sunday Worship
- 10:30 a.m. Sunday School
- 11:00 a.m. Confirmation
- 7:00 p.m. Christians on Climate Change discussion

Cheryl Conly  
Office Administrator  
Bread of Life Lutheran Church  
306-789-0265

(This email is checked on Tuesdays, Wednesdays & Thursdays)